



IOWA DEPARTMENT OF HUMAN SERVICES

Ticket to Hope Provider Fact Sheet

What is the Ticket to Hope Program?

A program providing free **mental health counseling sessions** to Iowans impacted by the 2008 natural disasters.

Who Can Take Advantage of Ticket to Hope?

1. An individual who reports that mental health or co-occurring mental health and substance abuse disorder counseling sessions are needed in part due to the impact of the 2008 disasters.
2. An individual who lacks health insurance, has no mental health benefits or has maximized their mental health plan benefits.

What Will Ticket to Hope Provide?

1. Up to **eight authorized** 45-50 minute sessions with an approved mental health provider.
2. No cost to the individual or family for these authorized sessions.
3. Individuals may choose a mental health provider from a list of providers who have agreed to participate or they may request that a provider become a participating provider.

Who Can Be a Participating Provider?

Providers must have an **IDPH-issued professional license** to provide individual psychotherapy and be willing to provide mental health counseling sessions to affected Iowans.

How Does a Provider Get Paid?

- All providers who agree to participate in the program must complete and send the **Request for Application (RFA)** to **Victoria Brenton**, the Issuing Officer, at the Iowa Department of Human Services (DHS), Mental Health & Disabilities Services Division, 1305 East Walnut Street, 5th Floor, Des Moines, IA 50319.
- After approval by DHS, providers must submit a completed Invoice, Authorization form and Demographic form, per individual primary client, to the Iowa Concern Hotline within **30 days** after each completed session. Please mail these forms to the following address: Iowa Concern Hotline, ISU Extension, C/O Tammy Jacobs, 10861 Douglas Avenue, Ste. B, Urbandale, IA 50322.
- Providers will be **compensated \$93** or at the lower prevailing Medicaid rate per **45-50 minute** session.

How Long Does Ticket to Hope Run?

Ticket to Hope is in effect from the date that the Department of Human Services (DHS) approves the provider contract until **June 30, 2010**. All services must be provided by **June 30, 2010**. Ticket to Hope forms and supporting documentation must be received for payment **by July 31, 2010**.

How Can You Be Part of the Program?

Please contact **Victoria Brenton**, the DHS Issuing Officer, at **vbrento@dhs.state.ia.us** to request the RFA, or if you have any questions or comments about the RFA.

More information available at www.tickettohope.org

